

## Teignmouth & District u3a Groups listed by meeting day

### Monday

Birdwatching  
Book Group 2  
French for Fun  
Handbells  
Happy Art 1  
Monday Movers Walking Group  
Pickleball  
Spanish Conversation  
Stargazing  
Ukulele

### Tuesday

Book Club International  
British Sign Language  
Campervan Capers  
Chess  
Coffee and Chat (Virtual)  
Curious Minds  
Cycling  
Dartmoor Trails  
German  
Pilates - Improvers

### Wednesday

Books, Coffee and Chat  
Canasta  
Climate and Nature (CaN)  
Happy Art 2  
Motor Manics  
Motorcycle Enthusiasts  
Sea Swimming  
Shanty Crew  
Table Tennis  
Teign Tunesmiths  
Wobbly Walkers

### Thursday

Art Appreciation  
Bible Questions and Answers  
Bridge Beginners  
Bridge Improvers  
Bridge Improvers Group 2  
Chair Exercise  
Community Heritage and History  
Creative Writing  
Discussion Group  
Gardening  
Genealogy  
KOOL Repairs  
London Inn Feasts  
Nordic Walking  
Real Ale Appreciation  
Speak Easy  
Theology and Philosophy  
True Crime

### Friday

Dance / Movement  
Day Trippers  
Needle and Natter  
Photography  
Pilates - Experienced  
Russian Studies  
Share IT  
Singing for Pleasure  
Strollers with Stamina  
Explorers' Walking Group  
Parkwalk

### Saturday

Explorers' Walking Group  
Parkwalk

### Unspecified

Helping Hands  
Strollers Walking Group  
Walking Groups  
Weekenders  
Wine Safari  
Yummies